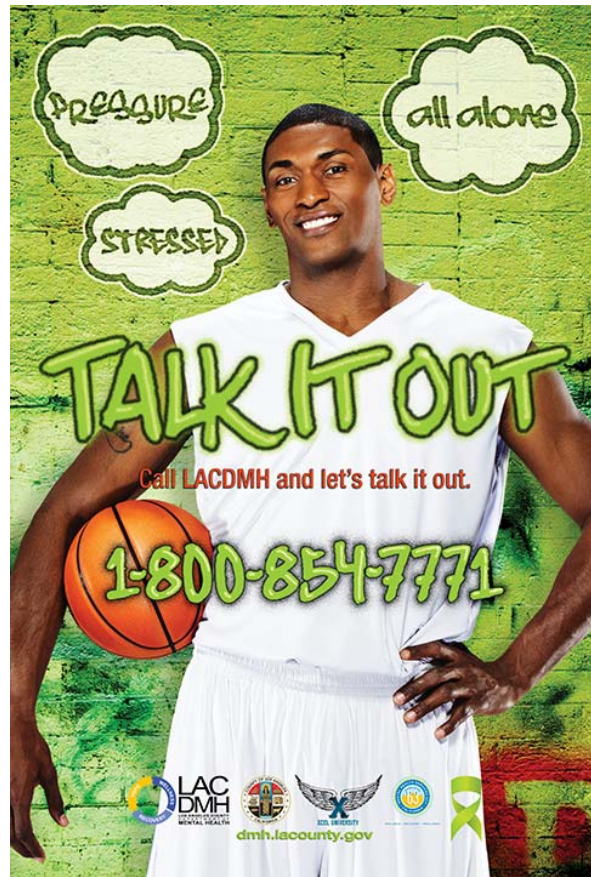


## MAY 11 LACDMH RADIO SHOW FEATURES LA LAKER METTA WORLD PEACE



This Saturday, May 11, 2013 at 8:00-9:00 P.M., tune in for the weekly “Free Your Mind Projects Radio Show” which has moved to KABC-AM (AM 790). The Los Angeles County Department of Mental Health (LACDMH) is a proud sponsor of this unique radio show.

Whether you’re in your car or at home, tune in and listen to the hour-long program designed to promote awareness on mental health issues. LACDMH Public Affairs Director Kathleen Piché will be co-hosting. This week’s guest is NBA champion Metta World Peace of the Los Angeles Lakers.

On the show, Metta World Peace talks about his latest mental wellness campaign that can be seen in Los Angeles County throughout the month of May. The “Talk It Out” campaign encourages young adults to seek help if they need it and to be comfortable with who they are. Since 2010, Metta World Peace has partnered with LACDMH on several campaigns for mental health awareness. Launched during the month of May, which has been nationally designated as Mental Health Awareness Month, the “Talk It Out” billboard and poster campaign is also part of the lime green ribbon movement which signifies mental health awareness.

If you miss the show, you can always listen to it archived on the Free Your Mind Projects website: <http://www.freeyourmindprojects.com/category/radio/>.

The “Free Your Mind Projects Radio Show” is always interested in possible guests and subjects to cover. If you know of any persons in recovery or subject matter experts who would be good candidates for an on-air interview in a future show, please contact the LACDMH Public Information Office at [pio@dmh.lacounty.gov](mailto:pio@dmh.lacounty.gov).

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